This letter is designed to be handed to the reception of your doctor / health professionals office, or directly to your doctor.

I have previously attended / am a new patient at this clinic and wanted to update you with some new information for my patient file.

This letter is to advise that I am a member of the trans and gender diverse community.

My gender is \_\_\_\_\_\_\_\_\_\_\_.

The name listed with Medicare is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. I would prefer not to write it down.

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I use the name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. My pronouns are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I would appreciate you including a note on my patient file about my correct name and pronouns. I request that I am not known by the name listed on my Medicare card.

Please treat this information as private and confidential.

**When talking about my body:**  
I prefer medical language / the terms \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for my genitals; and   
medical language / the terms \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for my chest.

I do / do not menstruate, and would prefer you to use the terms \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for that.

If you have any questions, please discreetly let me know, but I’d prefer not talk about my gender identity out in the open.

Thank you,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For more information, you can visit transhub.org.au/clinicians